

Naturally Balancing Thyroid Levels

January 21, 6:30 pm Georgetown Market
Call 317.293.9525 to register



Are you tired all the time, have thinning hair, experiencing unexplained weight gain or loss, or have frequent headaches? The thyroid gland secretes hormones that affect every other bodily function. Many people have thyroid issues but are unaware that their thyroid gland is to blame for their fatigue, weight gain or loss, emotional disturbances and other issues.

Join Pamela Reilly, Naturopath, for a course that will teach you how to recognize thyroid imbalances and how to address them naturally. Course topics include:

- A thorough description of what the thyroid gland is and what it does
- Explanation of the roles of each hormone secreted by the thyroid gland
- Easy ways to spot signs of thyroid imbalance
- Simple lifestyle changes that can help improve thyroid function
- How to talk to your doctor about treating thyroid issues even if your blood tests are "normal"
- A complete program that anyone can use to feel better quickly

Pamela deals with hypo- & hyperthyroidism in her practice and has helped many people successfully address and reverse thyroid issues.

Course fee: \$20 with pre-registration. Please call 317.293.9525 to register.



Good Works Wellness Research, LLC
Experience the wellness God intends for you!!™

Pamela Reilly, CNHP, CPH
Naturopath & Raw Foods Life Coach
Founder, Good Works Wellness Research, LLC

Providing a naturopathic approach to wellness with services in Herbalism, Nutritional Counseling, Iridology, Dried & Live Blood Cell Analysis, Emotional Freedom Technique, Aromatherapy, Living Foods Life Coaching and others.

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Are you constantly tired but don't know why? Feel stressed & irritable? Have dark circles under your eyes? You may be suffering from Adrenal Fatigue.

This seminar will help you recognize the signs of Adrenal Fatigue and teach you how to combat it naturally.