

Cleansing & Detoxification 101

January 7, 6:30 pm Georgetown Market
Call 317.293.9525 to register



Are you ready to start the year off right by cleansing and detoxifying your body? This class will teach you how to cleanse your entire body naturally and healthily.

Join Pamela Reilly, Naturopath, for a course that will teach you how to cleanse and detoxify your body from head to toe. Course topics include:

- What detoxification is and why your body needs to be cleansed on a regular basis
- Overview of the many different types of cleanses and what each accomplishes
- How to detoxify and cleanse specific organs
- Which supplements are the best for detoxification and cleansing
- How to recognize and diminish symptoms of detoxification

Pamela is an expert on detoxification and cleansing and has helped many people detoxify and cleanse their system using natural techniques.

Course fee: \$20 with pre-registration.
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Good Works Wellness Research, LLC

Experience the wellness God intends for you!!™

Pamela Reilly, CNHP, CPH
Naturopath & Raw Foods Life Coach
Founder, Good Works Wellness Research, LLC

Providing a naturopathic approach to wellness with services in Herbalism, Nutritional Counseling, Iridology, Dried & Live Blood Cell Analysis, Emotional Freedom Technique, Aromatherapy, Living Foods Life Coaching and others.

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Are you constantly tired but don't know why? Feel stressed & irritable? Have dark circles under your eyes? You may be suffering from Adrenal Fatigue.

This seminar will help you recognize the signs of Adrenal Fatigue and teach you how to combat it naturally.